*Problem Background:*

*One’s motivation can easily waver when dealing with both with this pandemic, a worldwide phenomenon unlike anything we have seen before. Nowadays’ people are having trouble spending their time in an efficient manner due to the stress and lack of motivation caused by quarantine. Because of these issues, procrastination has also grown significantly.*

*Topic:*

*Productivity Aid Application*

*Act/Standardize*

*At this current point in time, we have yet to begin the project. We assume that as time passes and more work is put into it, this section will be used to mark our progress.*

*Initially, this application is aimed at college students. Once we have made substantial progress, we can adapt it to other age group. We would probably start with high schoolers. If possible, we could make it so that at eh start you can choose which age group you belong to so that the application can give you access to specific feature for only that age.*

*Authors:*

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*Date:*

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*Countermeasures*

*The countermeasures that this application provides includes motivational quotes, a schedule planner, various mindfulness exercises, notification features and others to keep the user focused and motivated.*

*Keep in mind, however, that the success of this application is completely reliant on the will of its user. The user will always have the final say when it comes to what they want to do. In essence, what we plan to do is improve productivity by implementing various methods in which one can further manage and plan their activities, as well as motivate the user to perform these tasks.*

*Target:*

*Our main target is for people to have time for specific activities so they can get relaxed and relieve the stress that they may have now or in the future, increasing motivation and leading to a more productive lifestyle. Another important thing to note is to diminish the habit of leaving everything to the last minutes which can lead to serious issues such as worse work quality.*

*Causes:*

* *Many people find it difficult to balance diverse interests.*
  + *They lack an overview on how they spend their time.*
    - *People underestimate how useful it could be to manage and record the way they spend their time.*
      * *For many people, previously, their natural way of using time was good enough to achieve what they want.*
  + *Almost everybody has been forced to make a drastic change in their lifestyle.*
    - *This makes it difficult for them to properly administer their time.*
    - *Many public conveniences, such as gyms are no longer available.*
      * *This can all be rooted back to Covid-19*

*Check/Evaluate*

*To evaluate the success of this application, we plan to share it with a small group, survey and interview them over time. This serves to not only see the changes in their lifestyle but also how they feel about the application itself. We could have the group judge from a scale of 1 to 10 how effective the application was.*